

Shropshire Partnership Standing Conference

Healthy Lives, Healthy People

Health and Wellbeing Stakeholder Alliance Launch

Workshop 1 Part 1

Health and Wellbeing Alliance Board and sub groups

<i>What are the advantages Of this approach?</i>	<i>What are the disadvantages?</i>	<i>Other comments</i>
<p>Table 1 –</p> <ul style="list-style-type: none"> • Specific groups tap into relevant aspects 	<ul style="list-style-type: none"> • Some organisations/ groups will need to contribute across the board • Too much overlap and duplication across sub-groups 	<ul style="list-style-type: none"> • Could population groups be captured rather than having themes? • Each population (specific) group will need to look at/ consider each of the themes
<p>Table 2 –</p> <ul style="list-style-type: none"> • Attracts specialist knowledge/ representatives • Easy to allocate responsibility 	<ul style="list-style-type: none"> • Not able to ensure attendance of right people • Investing responsibility in small number of people • Danger of focusing on issues 	<ul style="list-style-type: none"> • Smaller groups are easier to convene a greater sense of ownership and continuity

<ul style="list-style-type: none"> • Focuses on objectives • Suits public sector employees 	<p>important to few – miss cross-cutting issues between sub groups</p> <ul style="list-style-type: none"> • May not suit voluntary sector availability for meetings 	
<p>Table 3 –</p> <ul style="list-style-type: none"> • Could have virtual meetings 	<ul style="list-style-type: none"> • Marmot policy objectives not equally weighted • Multiple vulnerabilities within user groups and different needs in different areas of the county/ communities • Not reflecting cross cutting themes • Need a strong VCS voice – does traditional structure allow that? • Need the people who can mediate and provide the voice – <u>Access</u> is critical • Meetings can duplicate 	<ul style="list-style-type: none"> • Locality structure or life course structure • Design structure to ensure all have a voice (consider hardest to engage) • Parish plans don't include voice of the most vulnerable • Preventative agenda and general wellbeing key • Want groups with knowledge able to feed in – traditional book structure wont allow • Representation is key – strong and supported
<p>Table 4 –</p> <ul style="list-style-type: none"> • All groups get representations • Stakeholder Alliance Board is important to feed in group 	<ul style="list-style-type: none"> • Natural overlap at group level 	<ul style="list-style-type: none"> • Mix between option 1 and 2

input into Health and Wellbeing Board		
<p>Table 5 –</p> <ul style="list-style-type: none"> • More structured approach/ hierarchical 	<ul style="list-style-type: none"> • Are they truly representatives? • Limited numbers • Self appointed • Agenda driven • Capacity/ resources needed to run it 	<ul style="list-style-type: none"> • Need to have challenge to representation • How will sub groups communicate with each other? • How does housing impact get measured? • How do we quantify the impact – outcome x benefits • How will priorities around prevention/ treatment be determined? JSNA? • Where will funding be focused? • Need balance at a strategic level • Sub groups should feed up trends and funding availability to maximise value • Links and membership key to overseeing
<p>Table 6 –</p> <ul style="list-style-type: none"> • Meet up face to face – don't rely on technology – networking 	<ul style="list-style-type: none"> • Rigid • Archaic • Time constraints • How can I be involved in each group 	<ul style="list-style-type: none"> • Bit of both would be good • Service user involvements and those receiving as well as delivering

<ul style="list-style-type: none"> • Split into groups gives a better focus - must ensure the right people are on the right groups 	<ul style="list-style-type: none"> • How would you find out about what's happening in other groups – how would information be cascaded down 	
<p>Table 7 –</p> <ul style="list-style-type: none"> • Better diagnoses achieved by face to face than virtual • Possibly joint actions from connections made • More varied experiences contribute to the sub groups 	<ul style="list-style-type: none"> • Harder to pick up range of views etc than virtual because groups are too broad • Woolliness of groups • What about the existing groups having their say? • Could get data dilution – too long to get the Health and Wellbeing Board 	<ul style="list-style-type: none"> • Could a virtual alliance and be channelled into specific groups • Need key people to influence actions on the ground • Either model needs a way into Health and Wellbeing Board • Older people numbers high already – biggest group in area • Need key people to influence actions on ground
<p>Table 8 –</p> <p>See part 2 notes</p>		
<p>Table 9 –</p> <ul style="list-style-type: none"> • Enable groups to choose a priority for the group you support 	<ul style="list-style-type: none"> • Agenda • Too many interests • Dividing issues is not reasonable • Links needed between stakeholder groups 	<ul style="list-style-type: none"> • Attendance shows interest in the overall issue • We need to focus on current minorities that will be missed • Communication is key • Contact re issues is not happening

<p>Table 10 – See part 2 notes</p>		
<p>Table 11 –</p> <ul style="list-style-type: none"> • Clear structure for feeding information through • Choice of which group you sit in, which bests fits your work area/ priorities • Focus’s people if they have to attend a meeting 	<ul style="list-style-type: none"> • Some of the sub groups overlap? Which do you attend, duplication of meetings/ discussions • Having the most appropriate/ influential members in the group • Drop out in numbers of people attending due to other commitments • People with loudest voice or time to attend may influence developments - ? Representative of the whole/ reality • Reporting mechanisms back up • Number of meetings required to attend ever increasing 	<ul style="list-style-type: none"> • Who would make up the sub groups? • Don’t need to be exclusive meetings could attend more than one • Would need representatives at the Health and Wellbeing Board from each sub group – would need one member and reserve for continuity • Combine? • Virtual and sub group model • How would these groups be co-ordinated/ supported/ chaired? • Sub groups left blank and emerge following trawl of the virtual groups to identify
<p>Table 12 –</p> <ul style="list-style-type: none"> • Working groups give different groups opportunity to be involved 	<ul style="list-style-type: none"> • Single person representation • Another filter point (yet another Board), too many layers • What will it achieve? • People’s capacity to sit on sub groups 	<ul style="list-style-type: none"> • How do people feed into sub groups (level below) • How do sub groups share information with each other? • Can people sit on the group?

	<ul style="list-style-type: none"> • Volunteers • How to get involved? 	
<p>Table 12 – General</p> <ul style="list-style-type: none"> • Is the alliance board level necessary? • Information lacking re Health and Wellbeing Board, not accessible • Who is on the Health and Wellbeing Board? • Health and Wellbeing Board representative? • Is LINK appropriate organisation to sit on the Board? • Update report re Health and Wellbeing Board should have been shared with delegates, background info 		
<p>Table 13 –</p> <ul style="list-style-type: none"> • Conversation and exploration possible • Face to face 	<ul style="list-style-type: none"> • Old fashioned • Lots of meetings to go to • Loudest voices get heard • Travel and time needed 	<ul style="list-style-type: none"> • Use this to consider evidence • Add in the informal network too • More information wanted about who’s on this and other groups • Desire to re-consider group headings • DO BOTH
<p>Table 14 -</p> <p>No comment</p>	<ul style="list-style-type: none"> • If so important why only 1 rep into the Health and Wellbeing Board • Voice of each group will not be heard if only chair on Alliance Board 	<ul style="list-style-type: none"> • Chair of each group (A-F) sit on the Health and Wellbeing Board • A combination of both virtual and traditional board would be good

Workshop 1 Part 2

A Virtual Health and Wellbeing Alliance with annual conference to bring people together ‘face to face’

<i>What are the advantages Of this approach?</i>	<i>What are the disadvantages?</i>	<i>Other comments</i>
<p>Table 1 –</p> <ul style="list-style-type: none"> • Periodic workshop will enable a wider range of ‘people’ to contribute/gather info 	<ul style="list-style-type: none"> • Nervousness – didn’t know how this would actually work • Might need to spend a lot of time trying to find out what’s happening 	<ul style="list-style-type: none"> • Develop an external virtual platform to enable community groups/ reps to feed into process • <u>Technology</u> needs to be there to support an accessible/user friendly platform
<p>Table 2 –</p> <ul style="list-style-type: none"> • Mitigates against rurality (if good broadband) • More inclusive • Save travelling expenses/time • Information gathering 	<ul style="list-style-type: none"> • Possible lack of IT Skills/ broadband access • Alienate some people • Expense of IT • Set up and maintenance including vetting content • How are decisions made • Ability to distort level of concern 	<ul style="list-style-type: none"> • Information security?
<p>Table 3 –</p>	<ul style="list-style-type: none"> • Need a lot of different mediators – can be overcome but challenging 	<ul style="list-style-type: none"> • VCS role in representation is

<ul style="list-style-type: none"> • Cross fertilize between groups • Can engage more • Keeps local services for local people • Can use social media etc and many new tools • Facebook etc. working well with some user and community groups • IT collect issues for meeting face to face • Lots of people talk virtually at once get more information than face to face • More people inputting and contributing to key themes 	<ul style="list-style-type: none"> • Access to technology • Need very robust virtual system • Annual not enough – need quarterly events • Users wont be engaged directly necessarily need multiple modes of communication for different audiences • Need filters so contains only important information • Moderation and control needed • Cost – expensive • Need full time person moderating and feeding issues to face to face • Not everyone feels ready for new technology 	<p>reducing for advocacy groups while work is increasing</p> <ul style="list-style-type: none"> • Divert resources to those providers closer to the individual – open ‘market’ just pay for results. Opportunities – VCS collaboration • May need people collecting information and inputting • Need to account for needs – visual impairment etc provide appropriate formats • Need training to support it • Safety – on-line information • Combination of face to face and virtual is essential • Need very clear design • Need clear profile/ member information so we know who we are communicating with • Need web design experts on hand • Face to face help train people how to get best from virtual system • Encourage collaborations like supporting people example – linking with transport and looking
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		at sharing resources – technology to support it
<p>Table 4 –</p> <ul style="list-style-type: none"> • Instant access via virtual forum • Virtual forum has its place but some face to face interaction must happen 	<ul style="list-style-type: none"> • Who makes decisions in the virtual forum and workshops? • Access to virtual forum may be limited for various service users 	<ul style="list-style-type: none"> • Conferences and workshops are fundamental
<p>Table 5 –</p> <ul style="list-style-type: none"> • Better way for a two way conversation with public and stake-holders • Not time restricted 	<ul style="list-style-type: none"> • Marginalise those not able/willing to access through IT/web • Biggest service users and those most marginalised 	<ul style="list-style-type: none"> • Not spots/ broadband
<p>Table 6 –</p> <p>No comment</p>	<ul style="list-style-type: none"> • Accessibility for service users • Not suitable for all groups / Stakeholders 	<ul style="list-style-type: none"> • Annual conference to include service users – wider invites • Service user groups to meet separately – might not be appropriate to mix all • Split up around county – meetings in different areas
<p>Table 7 –</p> <ul style="list-style-type: none"> • Would help really rural (with better broadband) • Better flow of information 	<ul style="list-style-type: none"> • Older people who are not computer literate and people who have learning disabilities and their carers – it is an important question – (2 people agreed on this) 	<ul style="list-style-type: none"> • Will it be cheaper - moderators needed • Start by identifying all the categories and then work out the

<p>and quicker</p> <ul style="list-style-type: none"> • Greener medium • Getting together locally and not having to travel – point from Rob Tovey. • If there are locally specific variances why would we not have local groups feeding in to local forums 	<ul style="list-style-type: none"> • Not having face to face encounters – need to meet each other but locally • Challenge if its ‘top down’ i.e. how do we avoid this 	<p>groups</p> <ul style="list-style-type: none"> • Raising awareness – have to more proactively engage • Who is on the Health and Wellbeing Board? • Where are providers? • What budget does it have?
<p>Table 8 –</p>		<ul style="list-style-type: none"> • The JSNA must be a living document • A virtual solution could use the 'communities of practice' model with different 'communities' that are theme and/or geographically based • There needs to be a lobby/scrutiny role for the alliance (similar to the old Community Health Councils) • The structure needs to be clear and transparent • There needs to be a bottom-up approach, but with cascading down of information too • Lines of accountability need to be clarified

		<ul style="list-style-type: none"> • The virtual group needs to be hosted/mediated outside the LA • You'll still need face-to-face contact and other ways for people to engage • How do you translate all the 'information' into 'intelligence'? • Who is going to do the work? • Rather than having resource-intensive 'standing' groups, it's better to have 'task and finish' groups with clearly defined remits and limited lifespan • Tricky balance between commissioning and service delivery functions • Need to consider the statutory responsibility of partners to commission/deliver services • Not sure who should be on the Alliance - could be representatives from the virtual groups • Do not call it a Board (having a Board reporting to a Board is confusing)
<p>Table 9 –</p>	<ul style="list-style-type: none"> • Face to face has more value 	<ul style="list-style-type: none"> • Extend board to community

<ul style="list-style-type: none"> • Network to feed in information • Reduced cost for members • Good way to share information 	<ul style="list-style-type: none"> • Competing issues 	<ul style="list-style-type: none"> • representative to act as conduit for wider sector • Network meeting to facilitate projects to make it happen (HUBS) • Board needs to know issues and be accountable • Localised knowledge needed • Choice: this one with a HUB and 3 meetings a year – 1 full day and 2 half days
<p>Table 10 –</p>	<ul style="list-style-type: none"> • Risk re poor coverage and not everyone – particularly target groups being online? 	<ul style="list-style-type: none"> • Who sets the agenda? • Target discussions with hard to hear – go to them e.g. colleges don't expect them to come to us • How is information validated? • Personalisation agenda co-production model put user at the centre • Do with and with their own resources
<p>Table 11 –</p> <ul style="list-style-type: none"> • Reduces duplication of discussion • Wider scope of ideas from 	<ul style="list-style-type: none"> • People may not get/read information sent out • May appeal to younger generation? • May be difficult to get to discussions 	<ul style="list-style-type: none"> • Can existing meetings feed into Health and Wellbeing Board, not set up new meetings • Cannot be one plan for cross the county, to capture all disciplines?

<p>wider areas</p> <p>- The pressure to get to meetings</p> <ul style="list-style-type: none"> • Get ideas, thoughts through to Health and Wellbeing Board quickly • Single issues not able to dominate a meeting • Makes it easier to draw out varied issues/plans • Would capture differences in practice across the county and able to share best practice • Captures groups who don't have such a heard voice • Great opportunity to make connections 	<p>as not meeting as a group</p> <ul style="list-style-type: none"> • Feedback from Health and Wellbeing outcome discussions made. • Some people not on the internet – (need to ensure others way to feed ideas/plans → ← • Would not work on its own without clearer structures for feedback 	<ul style="list-style-type: none"> • Need clarity from the board, guidelines areas of accountability • Communication overload sometimes means most important messages missed
<p>Table 12 –</p> <ul style="list-style-type: none"> • Broadens reach • No travel needed • Time • Cost 	<ul style="list-style-type: none"> • Access to web/IT • Communication/ feedback arrangements • Will all information be made available? • Elderly • Mental Health Issues • Lack of contact to 'bounce ideas' off 	<ul style="list-style-type: none"> • Depends on how information is shared and accessed • Make access points available

	<p>others</p> <ul style="list-style-type: none"> • Excludes people without access/ skills/ desire to use web I.T 	
<p>Table 13 –</p> <ul style="list-style-type: none"> • IT enabled • Local Access, all groups 	<ul style="list-style-type: none"> • Limited conversation • Need IT literacy • Limited depth • Don't call it virtual – call it informed and use a variety of mechanisms 	<ul style="list-style-type: none"> • Use this to consider opinion and gather it • More information wanted about how to moderate content and use it • Desire to re-consider group headings • DO BOTH
<p>Table 14 –</p> <ul style="list-style-type: none"> • We already use virtual • Develop patient virtual group now • Value in a virtual forum 	<ul style="list-style-type: none"> • Might get too many emails • How would it be communicated to users/ how will they know it exists • Danger of information overload 	<ul style="list-style-type: none"> • How to monitor the alliance • What impact measures will be in place • People who are not online at home can go to HUBS to access internet to partake

Workshop 2

<p><i>What activity is happening that you think really works to address this issue? Why does it work?</i></p>	<p><i>What activity is happening that doesn't really work? Why is it not working?</i></p>	<p><i>Which of the issues identified can we have the most impact on now?</i></p>	<p><i>What other issues are missing from the list?</i></p>
<p>Table 1 - Give every child the best start in life</p>			
<ul style="list-style-type: none"> • Parent empowerment • Commencement of parent to parent support • Teenage midwifery service • Non-time limited volunteer support • Sure start – including out-reach • Home visiting • Home start – foot in the door – meeting most isolated and vulnerable • Child development centre team, children with disabilities 	<ul style="list-style-type: none"> • Lack of clarity about what is happening with health visitors - implement action plan • HV's not got a 'big' enough presence in children's Centres • Reduction in face to face contact time that practitioners have with families • Lack of clarity around referral process • Doesn't always support family's needs • Too much reliance on 	<ul style="list-style-type: none"> • Home start • A,b,c,f with training and information widely provided • *Centre spread information update in 'Shropshire Star' or similar every week?* 	<ul style="list-style-type: none"> • Lack of collaboration between services – accessibility of information about services that can support families • Work harder at increasing face to face opportunities for support with 'harder-to-reach' groups/families • Early identification of disabilities or additional needs • Emotional support for parents/families mental wellbeing • *Voluntary groups need greater access to statutory training around relevant issues

<ul style="list-style-type: none"> • 24U • Speech and language programme • Portage • Accredited volunteer programme e.g. home start face to face • Safeguarding support including intensive family intervention project • Parenting team 'FIP' • Family conferencing team • Medication • Advocacy • Parenting programmes 'P.P.P' • Service user engagement • Participation/design of services 	<p>parents to identify they need help or that their child has issues (Children with disabilities)</p> <ul style="list-style-type: none"> • Information exchange lack of collaboration in primary services 		<ul style="list-style-type: none"> • Breast feeding • Smoke cessation etc. • Better understanding of what voluntary services can offer and the inherent <u>skills</u> and experience they possess • Schools need to be involved here too
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Table 2 - Enable all children, young people and adults to maximise their capabilities and have control over their lives

<ul style="list-style-type: none"> • Opportunity to participate in outside interests e.g. sport – physical activity • Teenage pregnancy 	<ul style="list-style-type: none"> • Identification of when support is needed • School educational programmes for those looking for ‘escape route’ from current life • Failing schools in disadvantaged areas 	<ul style="list-style-type: none"> • *Need more joined-up working at a local level* • Need promotion of non-academic alternatives 	<ul style="list-style-type: none"> • Need early identification • Support for children in families with mental health problems • Children with mental health problems • Dysfunctional family?
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Table 3 – Enable all children, young people and adults to maximise their capabilities and have control over their lives

<ul style="list-style-type: none"> • Lots of different examples of targeting messages and communicating on specific issues • For example when parents not passing info to their children through generations agencies are stepping in • e.g. Parental smoking and cot death where baby sleeps and position and cot death • Supporting and incentivising people to change behaviour e.g. 	<ul style="list-style-type: none"> • At the moment messages are not always getting back to health services/ decision makers about what works most effective • People are not asked for their feedback to find out how lives changed after interventions/ provision of surgery/service • Not early enough intervention – need to go back to initial causes 	<ul style="list-style-type: none"> • Communication via champions • Opportunities to introduce dance etc which activates people to enjoy and socialise. • Joining up/ sharing resources – local access in community • Use of local facilities where identify access/ use problems • Sharing assets – not just buildings – vehicles too etc • Greater use of videos/screens when 	<ul style="list-style-type: none"> • Transport and access
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<p>eating</p> <ul style="list-style-type: none"> • Sharing personal experiences and supporting others through the process • Doctors telling hard truth works • Informal education – social networks • Use of volunteers via organisations offering one to one support and experience • Use of medical students/ GP's in training to learn social messages • e.g. Smoking cessation trained GP students • E.g. Home start working with Keele University Part. 'wyldwoods' holistic approach teach about fair access to care etc. • Skills to act on message are crucial • e.g. GP's support to give 	<ul style="list-style-type: none"> • Messages received early – now interventions/ messages are too late • e.g. Health focus, no social messages such as talking to bump before baby arrives • GP's etc. focused on health issue presented • Lack of clarity on diagnosis • Child protection plans not informed by diagnosis – parents need to understand. ALD assessment and autism info needed • Parents worked with, but not understanding the impact of their behaviour on child e.g. children with learning disabilities • Problems accessing educational/ development opportunities – obstacles-must have 	<p>people waiting for health services</p> <ul style="list-style-type: none"> • Better use of existing communication methods • People have more control by increasing confidence etc. • Up skill GP receptionists to help patients access support • Lots of work is happening that isn't communicated • Need better cross-fertilization – the virtual idea • More opportunities to share virtual and face to face • (as long as rewarding – get something back) • Try and stabilize structures and confirm posts so able to look longer term 	
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<p>more time when meeting deaf people</p> <ul style="list-style-type: none"> • Patient groups and GP hearing from community – empower people communicate issues • Longer term placements for fostering – used to be lots of short term leaving care placements. That is working much better. Preparation before leave care is important 	<p>so many hours work before they can complete a qualification</p> <ul style="list-style-type: none"> • Access to information is important 		
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Table 4 – Create fair employment and good work for all

<ul style="list-style-type: none"> • Enable • Supported housing • CAB – Information and signposting • South Shropshire Youth Forum • Tenbury working with youth groups for training for small businesses • Apprenticeships – skilled builders • Furniture schemes – 	<ul style="list-style-type: none"> • Transport for people with additional needs is an issue • Access and Price • Childcare provision (affordable) barrier to get people into employment • Part time work • Car parking costs impact upon job take up – wage us costs • Funding for 	<ul style="list-style-type: none"> • Modern apprenticeships in practical skills • More organisations need to take them on • Provision of education attached to this – post 16 (day release) • Access to affordable housing for low paid workers and under 35’s as from next year (mainly single/divorced males) 	<ul style="list-style-type: none"> • Land for industry and employment to be made more widely available • This will encourage start ups and help unemployed into local work • Changes in legislation (benefits and employment) will potentially have a negative impact on • Care sector opportunities – potential development • National recommendations
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<p>modern apprenticeships too</p> <ul style="list-style-type: none"> • Willow Dean (Agriculture training) • CAB – Signposting and advice 	<p>sustainability</p> <ul style="list-style-type: none"> • Benefit myth • All the above encompasses as to why a low wage economy exists 		<p>may not be of benefit in Shropshire</p> <ul style="list-style-type: none"> • Broadband speed to encourage more organisations in to the area • Should we be encouraging S-M sized organisations to expand: employ more workers
<p>Table 5 – Create fair employment and good work for all</p>			
<ul style="list-style-type: none"> • RSL’s creating employment for their tenants • Decent work programme through LETS – based on skill gaps • Broadband • Local Procurement • Graduate programme • VCS Supports up skilling of people • Members helping to create apprenticeships in their communities 	<ul style="list-style-type: none"> • LETS programme doesn’t capture all people who need it • Many rolling contracts casual employment • Job centre treats public badly – makes people feel rubbish • Support/mentoring young people to keep in jobs (mentoring/coaching) arbitrate with employers • Transport 	<ul style="list-style-type: none"> • Public sector not representative in employing disabled/vulnerable • Universal credit • Use pension fund to invest in local investment to create/influence priorities/social • Negative commutates around some jobs/could support PR turn around attitudes • Need to offer people experiences to get them ready for economic 	<ul style="list-style-type: none"> • Under employment people (part time (casual) having to access benefits especially in the young tantamount to bullying. • Drive for profit instead of employment • Government funding to stimulate businesses about jobs not profits – deeply flawed works against long term un employed. • 16 hours contract are flexible – cannot knit together two jobs • Need to give social value to low paid jobs/ work with

	<p>infrastructure</p> <ul style="list-style-type: none"> • Need to support graduates to set appropriate employment. Need to have basic work skills and fill in appropriate forms/interviews • Virtual network to support young people into work 	<p>upturn.</p> <ul style="list-style-type: none"> • Lots of support for people on benefits but very little for those that aren't 	<p>employees</p> <ul style="list-style-type: none"> • Don't stimulate/ encourage young people to do it for themselves
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Table 6 – Ensure healthy standards of living for all

<ul style="list-style-type: none"> • Assessment by social workers and health • Sheltered accommodation • Telecare important that people can stay at home for longer • Allowing family members to get paid for caring • Homestart – start with young parents – support new parents 	<ul style="list-style-type: none"> • Health and social care single assessment • Assessment should be jointly with family or carers of individuals • Personal budgets - people need to know how to use it • Monitoring that care in the home is working properly • People don't know what's available – get 	<ul style="list-style-type: none"> • Ageing population! • Fuel poverty • Family carers – need assessing as well • A refresh of Lord Laming report 	<ul style="list-style-type: none"> • Elderly people falling in the home • Home health check – Fire service • Food shortage – poverty – food banks – (local churches) due to benefits sanctions • Idea – work with local shops to donate food • How to keep people well in the first place • Remain independent
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<ul style="list-style-type: none"> • Cooking on a budget – centre in Shrewsbury • Voluntary groups – engage with the young and elderly – explore their interests • Voluntary groups – lunches, meals of wheels • Fire service going to old peoples homes to fit community alarms and look for other hazards • Safe guarding board is good in Shropshire • Encouraging flu jabs 	<p>the message across</p> <ul style="list-style-type: none"> • Need better Home carers, agency are really under valued • Respite – not enough in Shropshire • Cycle of mental health in families needs to be looked at • Aspirations of the parents – opportunities for work etc • If we are going to rely on volunteers we need to give them something back • Cold weather payments – could be better if it wasn't just before Christmas • A lot of people don't know about social tariffs 		<ul style="list-style-type: none"> • How do we let people know what's available to them • Access to affordable leisure
Table 7 – Ensure healthy standards of living for all			
<ul style="list-style-type: none"> • Emphasise things that are good 	<ul style="list-style-type: none"> • Not enough carers • Not training carers who work in a 	<ul style="list-style-type: none"> • Concerns over service charges to the council • Payments for carers for 	<ul style="list-style-type: none"> • Defining elderly? • Standards of living for all – applies to all – applies to

<ul style="list-style-type: none"> • *Older people living in their own homes* • Quality is a far more important factor to Local Authority than private if personalisation goes ahead it will impact • Feels like a choice of negatives • Respite care e.g. crossroads • *Walkers for health schemes* • Making the physical environment right • Help avoid trips and falls • Social contact • Mental health • NB - Over 40K older people in next 20 years – big spike – more in Shropshire than anywhere • Ensure a healthy standard of living for all 	<p>hospital</p> <ul style="list-style-type: none"> • Ensure a healthy standard of living for all • Travel time including in care costs • Quality not the same • It's no good if the carer isn't happy about the standards of care given not by them • Gaps in county – geographical and provider • Publicity 	<p>higher care</p> <ul style="list-style-type: none"> • Training better <u>carers</u> for higher quality i.e. support • Making it a career and raising the profile and stages in this career i.e. carer progression • Apprenticeships • Funding way into local community • Hub or signpost for information websites/ information structure 	<p>all groups not just older, i.e. disadvantaged groups</p> <ul style="list-style-type: none"> • Carers who are 'hidden' e.g. husbands, children • Just lost mental health support workers - council cutbacks
<p>Table 8 – create and develop healthy and sustainable places and communities</p>			

<ul style="list-style-type: none"> • Opportunity to connect with others via volunteering • Peer-to-peer support Severnside Housing, building social capital also a possible quick win • Exercise on prescription – walking for health, gym, swimming, etc • Patient participation groups • COCO- (Mayfair centres) compassionate communities 	<ul style="list-style-type: none"> • Not enough money going into providing decent homes and affordable housing • GP's not embracing the prevention agenda – it's a mixed picture some are more proactive than others. • Need GP's and practice managers around the table • Still lots of work around inclusion of vulnerable people/ people with disabilities 	<ul style="list-style-type: none"> • How to continue the best practice around partnership working, sharing information, best practice etc. • Community connectors/ champions 	<ul style="list-style-type: none"> • Regulated private- rented housing sector → decent homes • Engaging the hard-to-reach (cross-cutting theme)
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Table 9 – Create and develop healthy and sustainable places and communities

<ul style="list-style-type: none"> • Provision of group support meetings supports isolated community members • Walking groups • Community alcohol groups 	<ul style="list-style-type: none"> • Things start and feedback on result not received e.g. placed based alcohol work • Personalisation is not working e.g. people want day services and 	<ul style="list-style-type: none"> • Community involvement of older/vulnerable people • Develop local open space • Make the most of every contact 	<ul style="list-style-type: none"> • Neighbourhood planning needs Health and Wellbeing element • Social Isolation should be addressed • Communities need enablers to make things
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<ul style="list-style-type: none"> • Focused time limited work • Healthy eating awards • Bronze level tasking at a local level identifies partnership approach 	<p>cannot access them</p> <ul style="list-style-type: none"> • GP's and others expect voluntary sector to do it without funding – volunteers cost! • Health do not work in partnership or know how it can be done to solve issues 	<ul style="list-style-type: none"> • Deliver what is prioritised in Big Society • Antisocial behaviour that causes stress to vulnerable groups • Involve more coopters on scrutiny groups 	<p>happen e.g. broad place</p> <ul style="list-style-type: none"> • Older people not identified as high as youth/disabled • Use contact of Shropshire Council officers to influence hard to reach • Grouping of service delivery officers and 3rd sector • * Use voluntary sector *
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Table 10 – Create and develop healthy and sustainable places and communities

<ul style="list-style-type: none"> • Furniture recycling schemes • (Homelessness and recycling) • Holistic community groups/services • Bringing services to people e.g. in the school/ college/ workplace 	<ul style="list-style-type: none"> • Very difficult to navigate through to who does what, where and why • Not every where • How do we find the right person or service? Signposting and translation into real help and support in the community • * Transition* • Passing people on without really checking if in right 	<ul style="list-style-type: none"> • Supporting people into homes, training and employment • Working with the 'whole' person or/ and family • Information sharing can be improved to address issues more holistically • Enabling and replicating good practice • Small upstream interventions e.g. house 	<ul style="list-style-type: none"> • Decent homes (standard is low so adding to the issues) • Adequate infrastructure of place sewage paused broadband transfer • Community spaces • *Transition from children's services to adult disability learning difficulties mental health education • Early intervention investment in Sure start
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	<p>hands – allowing people to fall through gaps- not taking responsibility</p> <ul style="list-style-type: none"> Placed based interventions not working because not real and not right people involved and no direction and leadership 	<p>adaptions make a huge difference but aren't easily accounted for – quantified – data needs to be accessible...</p>	
Table 11 – Strengthen the role and impact of ill health prevention			
<p><u>Obesity:</u></p> <ul style="list-style-type: none"> Help to slim – evidence based Weight loss MEND HENRY Dietary advice/ alcohol/ smoking will be statutory part of dental advice/ support Also survey pupils in schools accessing dental care 	<ul style="list-style-type: none"> Referrals for inappropriate BMI, when should be overweight not wait until obese National messages not addressing the problem PE activities being squeezed into minimum after school clubs in some schools limited Food industry take more responsibility for marketing/ impact Healthy foods in 	<ul style="list-style-type: none"> Antenatal support re nutritional diet School educating re food hygiene/ cookery skills Contribute to support the evidence based interventions taking place Locally feedback and influence national policies re supermarkets etc. labelling/ costs Fresh/ local foods support developments locally 	<ul style="list-style-type: none"> Domestic Abuse

<p><u>Alcohol/ (drug) misuse:</u></p> <ul style="list-style-type: none"> • Pubs/ clubs/ shops much stricter re underage drinking • Trading standards • Police interventions (+CSO's) <p><u>Screening:</u></p> <ul style="list-style-type: none"> • Performing well on most screening targets • Chlamydia screening • Home visits – health visitors, family support workers • Awareness rising of all professionals – mental health alcohol abuse etc. 	<p>schools often more expensive</p> <ul style="list-style-type: none"> • Identifying need issues of people over-drinking within the home • Harder to question people around drinking than smoking • Transition from CYP to Adults services • Concerns re those not coming forward inequalities 	<ul style="list-style-type: none"> • Lobbying with supermarkets/ shops • Interagency working • Diversion activities-resilience/ self-esteem for young people • Education accessible • Self-esteem/ resilience CYP • *Work with teachers/ schools to deliver support* • Suicide prevention 	
<p>Table 12 – Strengthen the role and impact of ill health prevention</p>			
<p><u>Obesity:</u></p> <ul style="list-style-type: none"> • Healthy living centre 	<ul style="list-style-type: none"> • General issues • *Funding being cut* • Resource needed 	<ul style="list-style-type: none"> • Better joint working voluntary sector to set up e.g. community groups/ classes 	<ul style="list-style-type: none"> • Falls • Issues affecting elderly • Increasing elderly pop

<p>(good example of good practice)</p> <ul style="list-style-type: none"> • Healthy eating • Healthy living schemes • Schools under visits • Why?- Grounded in communities, addressing right issues through local knowledge • Counselling – for alcohol, financial issues etc. • Having right info to give people – accessible appropriate, supported • Make it fun <p><u>Screening</u></p> <ul style="list-style-type: none"> • Alcohol advice and brief interventions (ABI) are extremely effective in reducing alcohol problems, lots of evidence to support this 	<p>upstream – fund preventative schemes/programmes to benefit later on</p> <ul style="list-style-type: none"> • Not seen as ‘quick win’ so investment not made • *Transport issues* • Rurality, fuel poverty • Mental health issues being recognised by GPs (depression, Alzheimer’s, autism) • Failure of Shropshire Access Partnership <ul style="list-style-type: none"> • Not enough info re bowel screening • Funding • Communication • Flu jabs for at risk groups – not directly invited in 	<ul style="list-style-type: none"> • Build on and replicate healthy living centres • Safeguarding existing facilities 	<ul style="list-style-type: none"> • Mental health, wellbeing <ul style="list-style-type: none"> • Need more collaborative working • Voluntary sector to deliver e.g. preventive health programmes
<p>Table 13 – Enable all children, young people and adults to maximise their capabilities and have control over their lives</p>			

<ul style="list-style-type: none"> • CAMHS • MHS • Community support services • Samaritans • School exclusion levels are very good • Schools working well-community links – e.g. healthy eating • Links between crime (bronze level tasking) → issues coming out • Mental health • Housing • Young people issues • Telecare – care from home – dependant on broadband and access etc. 	<ul style="list-style-type: none"> • ←Work together better • Using schools as community bases i.e. out of hours • Benefit to community and CYP • Ensuring coverage of cross-cutting issues 	<ul style="list-style-type: none"> • Employment Educational Training opportunities for looked after children • 18 – 24 EET? • Apprenticeships • Volunteering to gain skills • Mentoring • Guidance re internships and impact on training and early employment • Mentoring → personal 	<ul style="list-style-type: none"> • Suicide – how many and how do we compare? • Fire deaths • Disability • Supported employment (enable) • Alcohol use of CYP and Drug Use • BME, LGB support • Transport → access to EET • Youth facilities and activities (esp. physical) • 18 – 24 EET • Employment support for all • BROADBAND • General but especially re care from home and telecare
<p>Table 14 – Enable all children, young people and adults to maximise their capabilities and have control over their lives</p>			

<ul style="list-style-type: none"> • Health and wellbeing centre at Shrewsbury college • This service brings services to users (rather than users having to go to service centre) • CBT • Sexual relationship servicing • Counselling • In wales is implementing programme to introduce counsellor in each school • Can this be replicated in Shropshire • Youth offending team multi discipline service • Homework clubs e.g. Harlsecott • Working tax credit currently enables people to stay out of poverty. The changes will 	<ul style="list-style-type: none"> • One stop shop for young people located in Telford • Not accessible to people due to geographic location • Reduced funding to youth centres 	<ul style="list-style-type: none"> • Use centres currently in existence for young people to access services e.g. colleges, football clubs ← → • Schools and educational centres need to be overlaid on index of multiple deprivation maps. Use this data to identify schools and colleges. ← → • Coco project – Mayfair centre in Church Stretton, compassionate communities example of good practice model (Elderly) could be developed as a concept • For young people and Schooling for autistic children • Parenting children • Childcare facilities (needs to be good quality) affordable • Mental health services • Literacy issues 	
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<p>damage this outcome. Telford colleague has young leaders programme Inc. vocational training</p>		<ul style="list-style-type: none">• Young carers• Careers for young people	
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